

LYCÉE SAINT JOSEPH DU LOQUIDY - NANTES

Week from 15/04 au 21/04

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STARTERS	Pizzetta	Beetroot and chives	Black radish with grated apples and curry vinaigrette	Caesar-style potato salad	Celeriac mimosa AB **
	Fresh grape salad (cheese, ham, green salad)	Raw vegetable platter	White cabbage and Mimolette cheese	Grated carrots à l'orange	Green beans in balsamic vinegar
	Tuna mousse with chives	Exotic durum wheat	Mortadella sausage	Pomelo **	Rillettes
	Red beans, pineapple & corn	Mixed vegetables and tuna	Sardine rillettes on toast	Andouille sausage & pickles	Fresh mint tabbouleh
	Mushrooms in mustard cream sauce	Country-style terrine with green peppercorn	Egg tartare	Salad with croutons	Chef's starter
	Salad Bar 💥	Salad Bar **	Salad Bar **	Salad Bar **	Salad Bar 💥
HOT MAIN DISHES AND SIDES	Chicken with Tandoori sauce	Lentil dahl 5₺ 💟	Penne Carbonara	Pork and mustard seed stew	Calamari
	Cod fillet with dill	Chicken kefta	Turkey osso bucco	Tuna quiche	Spanish tortilla (potato omelette)
	Peas	Rice / Wax beans	Green salad 🕌	Durum wheat / Creamed spinach	Steamed potatoes / Butternut purée
	Julienne of vegetables		Penne pasta		
DAIRY PRODUCT	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product
DESSERTS	Marble cake	Fresh fruit **	Baked pear with chocolate	Applesauce with meringue	Fresh fruit 🕌
	Stracciatella fromage blanc	Parisian jelly AB	Fruit cocktail	Fruit mousseline AB	Whipped cream with Speculoos
	Baked apple & pear with cinnamon	Apricot Melba	Fresh fruit 🕌	Chocolate marquise with custard sauce	Vanilla jelly AB
	Fresh fruit 🕌	Fresh fruit salad	Sugar pie	Fresh fruit	Chocolate cake
	Pudding with caramel sauce	Chocolate dipped coconut macaroons	Milk chocolate dessert cream	Red berry and marscapone gratin	Flavoured yoghurt
Mo	Pizzetta	Beetroot and chives	Black radish with grated apples and curry vinaigrette	Caesar-style potato salad	Celeriac mimosa
	Chicken with Tandoori sauce	Lentil dahl	Penne Carbonara	Pork and mustard seed stew	Calamari
	Peas	Rice / Wax beans	Green salad	Durum wheat / Creamed spinach	Steamed potatoes / Butternut purée
The healthy choice!	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product	Cheese or Dairy Product
	Marble cake	Fresh fruit	Baked pear with chocolate	Applesauce with meringue	Fresh fruit
Seasonal product		Local products	* Pancakes and buckwheat galettes: Catal Roc, Treillères		



All or part of this dish is made with seasonal raw ingredients



All our homemade milk-based desserts are made with organic raw milk from Pannetière farm



All whole pork, beef, chicken, and turkey meat served in the restaurant is of 100% French origin



Veggie party!

- * Chicken: Galliance, Ancenis
 - * Turkey: Ferme de la Brégeonnerie, Nort sur Erdre
 - * Pork and beef: Viandissime, Le Poiré sur Vie
 - * Bread: Tradéoz, Orvault
 - * Eggs: Gaec de l'eau vive, St-Hilaire de Clisson
 - * Potatoes: Mahot, Chaumes en Retz

- * Fish: Cap Marée, Nantes
- * Organic vegetables: Tom Pousse, La Chapelle sur Erdre
- * Milk, fromage blanc, cheese (tomme): Ferme La Pannetière, La Chapelle sur Erdre
- * Cold cuts: Gérard, Legé (44)
- * Organic yoghurt: Ferme Péard, Blain

This menu may occasionally be changed due to supplier shortages or service requirements.